



Client Agreement for Rapid Transformational Therapy (RTT)

1.Introduction

By booking a session with Unravel Hypnotherapy, you acknowledge and agree to the terms outlined below. These terms are designed to ensure a respectful, professional, and supportive therapeutic relationship.

2.Scope of Services

Rapid Transformational Therapy (RTT) is an advanced therapeutic modality combining hypnosis, regression techniques, and coaching tools to address underlying beliefs, patterns, and emotional blocks.

3.Client Rights

You have the right to clear and accurate information about the treatment, possible alternatives, and expected outcomes.

You may stop treatment at any time, without giving a reason.

You have the right to access your client file, request corrections or deletion of information where legally possible.

4.Client Responsibilities

You agree to:

- Participate actively and honestly throughout the process.
- Commit to listening to your personalized hypnosis audio daily for at least 21 consecutive days following each session.
- Refrain from attending sessions under the influence of alcohol or recreational drugs (except prescribed medications).

Important Note:

If you attend a session under the influence or display violent, aggressive, or abusive behavior, the session will be immediately terminated without refund. Future sessions may also be refused.

5. Confidentiality

As your therapist, I am required by Law to keep a confidential client file containing relevant treatment information.

These records are stored securely and retained for 15 years, unless you request earlier deletion in compliance with GDPR and WGBO rules.

All information shared during sessions is kept strictly confidential and will not be disclosed without your written consent, except:

- When required by law.
- If there is a risk of harm to yourself or others.

6. Session Booking & Cancellations

Each RTT session lasts approximately 60 to 90 minutes.

For session packages, appointments are spaced at least two weeks apart to allow for full integration between sessions.

Sessions are scheduled in advance by mutual agreement.

All sessions are conducted online via a secure link provided by the practitioner.

Cancellations or rescheduling requests must be made at least 24 hours in advance.

If you are late, please inform the practitioner as soon as possible. Sessions may still end at the originally scheduled time.

7. Fees & Payment

Full payment is required at least 24 hours prior to your scheduled session.

If payment is not received by this time, the session will be canceled.

All fees and package rates are communicated clearly prior to booking.

It is your responsibility to ensure payment is made to secure your appointment.

8. Results Disclaimer

RTT has helped many clients achieve significant breakthroughs. However, results vary by individual and presenting issue. No specific outcome can be guaranteed.

9. Medical Disclaimer

While RTT can be highly effective, it is not a substitute for medical treatment, psychiatric care, or crisis intervention.

By signing this agreement, you confirm that you have no medical history of epilepsy, psychosis, or schizophrenia.

If you are currently receiving medical or mental health care, please inform the practitioner prior to your session.

10. Audio Recordings

You will receive a personalized hypnosis recording following your session. This recording is for your personal use only and must not be shared, distributed, or copied without written permission.

11. Data Protection (GDPR Compliance)

Your personal data is securely stored and handled in accordance with the General Data Protection Regulation (GDPR). Your information will never be shared or sold to third parties.

12. Complaints Policy

Unravel Hypnotherapy is committed to providing high-quality, respectful care. If you have concerns, feedback, or a complaint, you are encouraged to:

- Discuss it directly with the practitioner to find a collaborative resolution.
- If no resolution is reached, you may submit a formal complaint to an independent body.

Affiliation:

Unravel Hypnotherapy is affiliated with Quasir, a Dutch legal organization that ensures safe, high-quality care and a structured complaint process. You can file a complaint at: www.quasir.nl

Complaints are handled confidentially and in accordance with Dutch law.

13. Consent & Agreement

By signing below, you confirm that:

- You understand the nature and scope of RTT.
- You agree to the terms and conditions outlined in this agreement.
- You provide informed consent to participate in RTT sessions with Unravel Hypnotherapy.

14.Treatment of Minors

For clients under the age of 16, treatment can only take place with the written consent of both parents/guardians who hold legal custody.

For clients aged 16 and above, the client themselves may provide consent for treatment.